

Official Weekly Publication * Rotary Year 2023-2024



Meets every Wednesday * 12:00 NN The Pinnacle Hotel & Suites, Sta. Ana Avenue Davao City Volume 56 Southern Kris Number 23 23rd Regular Weekly Meeting March 20, 2024 * The Pinnacle Hotel * 12:00NN Program I. Opening: Call to Order. Pres. Ester Gahol Invocation Singing of National Anthem & Rotary Hymn & Recitation of the 4-Way Test & Object of Rotary Introduction of Guests & Visiting Rotarians.....Sec. Harold Abellana **Community Singing II. Program Proper Rotary Information &** Secretary's Report.....Sec. Harold Abellana Introduction of Guest of Honor & Speaker SPEECH......Marc Gerard C. Chellathurai President's Time.....Pres. Ester Gahol III. Closing Announcements / Adjournment

Master of Ceremonies

EVERY ROTARIAN



Invocation

LORD JESUS, Son of GOD, You humbled Yourself to become man in order to serve and not to be served.

We humbly ask You to teach us the ideals of service: that what matters most is not how much have we got, but how much we have given; not how we have won, but how much we have done; not how much we have saved, but how much we have sacrificed; not how much were we honored but how much have we served.

God, our Father, always uses those closest to Him. Grant us therefore the privilege and the grace to be closest to You, His Son, to be truly Your servants amidst the people we serve. Amen.

FOUR WAY TEST

OF THE THINGS WE THINK, SAY OR DO

1st Is it the TRUTH?
2nd Is it FAIR to all concerned?
3rd Will it build GOODWILL and BETTER FRIENDSHIPS?
4th Will it be BENEFICIAL to all

concerned?

OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular to encourage and foster:

FIRST:

The development to acquaintance as an opportunity for service;

SECOND:

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD:

The application of the ideal of service in each Rotarian's personal, business and community life;

FOURTH:

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Declaration of Rotarians in Business and Professions

As a Rotarian engaged in a business of profession, I am expected to:

- 1. Consider my vocation to be another opportunity of service;
- 2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of community.
- Do all in my power to dignity my vocation and to promote the highest ethical standards in my chosen vocation;
- Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
- Recognize the honor and respect due to all occupations which are useful to the society;
- Offer my vocational talents to provide opportunities for the relief of the special needs of others, and to improve the quality of life in my community;
- Adhere to honesty in advertising and in all representations to the public concerning my business or profession;
- Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded to others in a business or professional relationship.

Rotary Information...

Remembering Paul Alexander, who lived 70 years in an iron lung By Arnold Grahl

Paul Alexander, a 78-year-old man from Texas, USA, who spent most of his life in an iron lung, died on 11 March. Alexander contracted polio in 1952, when he was just 6 years old. The disease paralyzed him from the neck down so he couldn't breathe on his own. He earned a law degree, passed the bar exam, and practiced law in Dallas for a time. He was also briefly a member of a Rotary e-club.

The following is a story we reported in 2015.

One might think a man living with polio in an iron lung would know about Rotary. But it wasn't until Paul Alexander had a business meeting with a member in Duncanville, Texas, earlier this year that he learned Rotary fights to eradicate the very disease that left him almost completely paralyzed.

"I was completely blown away by the idea. For all these years, I didn't know the work they were doing," says Alexander, a practicing attorney in Dallas. "It's such a perfect fit for me."

Alexander contracted polio during a major U.S. outbreak of the disease in the late 1950s when he was six years old, and almost died in the hospital before a doctor noticed he wasn't breathing and rushed him into an iron lung, an airtight metal tank that encloses all of the body except the head and uses regulated changes in air pressure to force the lungs to inhale and exhale. Alexander is among a



small number of people in the world today still using an iron lung to assist his paralytic polio. The need for the 800-pound machines declined dramatically after the polio vaccine became widely available in the early 1960s.

In October, Alexander became a member of the Rotary E-Club of District 5810 during an induction ceremony held in his home, attended by Rotary's President Gary C.K. Huang through an online connection. Alexander is writing a book about his experience and wants to be an ambassador for Rotary promoting the benefits of eradicating polio.

Freed from the lung

For 10 years, Alexander never left the device or his house. But then he had a breakthrough, teaching himself to breathe on his own by forcing air into his lungs. That allowed him to get around in a wheelchair for up to eight hours.

"The first day I was outside the house was extraordinary. It was a 100 percent improvement," he recalls.

Determined to go to college, he moved onto campus and with the help of a nursing assistant attended classes, earning a degree from the University of Texas. He eventually went on to earn a law degree, passed the bar, and practices civil and criminal law.

He has a computer keyboard and a touchtone phone by his head which he can manipulate with a plastic stick held in his mouth. When he goes to court for a case, he has assistants who help him. He's traveled farther from his home on rare occasions. The iron lung, which has wheels, is shipped to meet him at his destination.

Long lost connection to Rotary

His father was president of a Dallas Rotary club in the 1960s, but Alexander says he doesn't remember it. His introduction to Rotary began when he met Duncanville member Alexander Peralta. Peralta told the Rotary District 5810 governor, Bill Dendy, who immediately decided Alexander would be the perfect subject of a video his wife was making on polio eradication. Alexander agreed, and a film crew from the district's e-club came out to shoot the interview.

"I visited him weekly after that," Dendy says. "One day, I said to him, 'Paul, you could be a contributing member of Rotary.' He asked me how that would be possible. And I told him with an e-club, which meets online, it would be very possible."

Since joining Rotary, he's become a popular speaker in the Dallas Rotary community. He's already addressed two large gatherings and is scheduled to speak at the next district conference. The Waxahachie Rotary Club, which builds wheelchair ramps as a project, built him a new one when they heard he transports his iron lung to the hospital or for longer trips.

"It means so much to me to belong to this organization," Alexander said during a phone call to his home recently. "I'm having a great time and staying awake at night thinking of ideas. So many people have come into my life. I never knew there were so many caring people out there."

Our Guest of Honor & Speaker...



MARC GERARD C. CHELLATHURAI

Date of Birth: May 5, 2002Place of Birth: SingaporeRes. Address: Dona Luisa, Ecoland, Davao CityFather: Michael Gerard ChellathuraiMother: Merelyne Chellathurai

EDUCATIONAL ATTAINMENT:

- Elementary : Ateneo de Davao University
- Secondary : Ateneo de Davao University
- Senior Hight : Ateneo de Davao University Humanities and Social Sciences Strand
- College : Ateneo de Davao University Bachelor of Science in Marketing (ongoing)

RCSD 22nd regular luncheon meeting... March 13, 2024, Pinnacle Hotel











Secretary's Report Harold Abellana

Club Secretary

Comparative Weekly Attendance

Mar. 6 Mar. 13 **CLUB MEMBERSHIP** 21 21 HONORARY MEMBER 04 04 PRESENT 12 08 ON LEAVE 00 00 ABSENT 09 13 MADE UP 00 00 ATTENDANCE % BASE 21 21 WEEK AVERAGE 57.14% 38.09%

> Guests: Engr. Judy Ann Bernardino Engr. Jonnel Mata

Happy Birthday!

March 15 – Sp. Ely Torno 25 – PP Rudy Abellana 26 – PP Braul Lim



Reminder:

Mar. 27, 2024 – NO Meeting (Holy Wed) April 8, 2024 – Fellowship April 11-13, 2024 – PETS/SETS/DTA Bethel Guest House Dumaguete City May 3-4, 2024 – DISCON 2024 Dusit Thani & Azuela Cove May 25-29, 2024 – RI Convention in Singapore



President's Message Ester T. Gahol Club President

I was invited to attend a meeting to start a Dancesport group in Davao. We had Mrs. Teodora Axalan as our first speaker when I became President. Now, she is starting a new group that teaches ballroom dancing as part of the curriculum of the school. We can make this an additional project in supporting them as part of the Literacy Focus Area for Rotary. We will meet this Saturday March 23, 2024 at 2pm if anyone wants to join. Tonight at 6-8 pm is our dance practice. Those who have signed up please come to the practice because we still have to discuss our outfit for our theme as well as the music and memorize the dance steps. Winning this competition is important because I feel that we should have won in Gen San, so it's a long time coming!

I invite all the members to attend our weekly meeting, especially those that have not won any "Best Rotarian" shirts yet. There will be only 12 Best Rotarian shirts so if you want one, attend the meetings.

Lastly, I want to ask each one of the things that bothers them that we can in the long run start a long term project with.

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MULTIPLE PAUL HARRIS FELLOWS

TORNO, DON + 2

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AOUINO, ABDULAH + 5 CHUA, JACOB + 5 UY CHING SIONG + 4 VALENZUELA, JOSE JR. + 4 LOZANO, MAXIMO + 3 MA. WELLKING + 3 NIMMO, SCOTT + 3 MONFORT, NORMA +3 CHELLATHURAI, MICHAEL +3 SHIMIZUTANI, MIRACEL +3 ABELLANA, RODOLFO +2 FERRAZZINI, JOHNNY + 2 JOCOM, JONATHAN + 2 KING, ALEJANDRO + 2 PEREZ, INOCENTES + 2 PIATOS, PABLO JR. + 2

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AQUINO, ABDULAH "Nonoy" LIM, BRAULIO "Braul" PARILLA, PABLITO "Billy" UY CHING SIONG VILLA-ABRILLE, LEONCIO "Nonoy" **ROTARY HYMN**

I want to be a Rotarian for the world Make the Rotary flag as the flag of peace unfurled I shall serve my community Help achieve universal unity.

Through Rotary I shall dedicate my all World understanding shall be my cherished goal With the 4-Way Test, I'll pursue my quest And if I, in a way, help obtain peace in the world I shall not have lived in vain

I observe service above self Lend a hand to all who need my help I'll get my spouse to involve in Rotary And in Rotary ways I will train my family

With the 4-Way Test, we'll pursue our quest And if we, in a way, help obtain peace in the world We shall not have lived in vain

Build a bridge for tomorrow's youth Strengthened by nothing but the truth Let's join our hands, there's no reason we'll divide We shall all understand why the good Lord is our guide

With the 4-Way Test we'll pursue our quest And if I, in a way help obtain Peace in the world We shall not have lived in vain Peace be achieved we shall not have lived in vain.